

Modified Quarantine Timeline



Modified quarantine is a way for **masked, symptom-free, unvaccinated students** who were exposed to COVID-19 at school to safely keep going to school. Students can go to school in-person but they cannot go to after-school activities or childcare, even if the activities or childcare are on the school campus.

Students must **watch for symptoms for 14 days** after exposure and **get tested twice:** right after exposure notification and again three days later.

DAY 0: Exposure

Student exposed to COVID-19 in a K-12 school setting while both students were **wearing masks**.

DAY 1 OR LATER: Notification & Test 1

- School informs family of student who was exposed to someone with COVID-19.
- Student must get tested as soon as possible and give result to school.
- If student **does not have symptoms**, they can keep going to school in-person while waiting for test results, but cannot go to after-school activities or childcare.

DAYS 2-7: Go to School, but No After-School Activities or Childcare

- **Negative test and no symptoms:** can go to school in-person, but cannot go to after-school activities or childcare.
- **Negative test and symptoms:** get tested again and stay home and quarantine for 10 days from date of exposure.
- **Positive test and no symptoms:** stay home and isolate for 10 days from date of test.
- **Positive test and symptoms:** stay home and isolate for 10 days from when symptoms started AND symptoms improve AND fever-free for 24 hours without medication.
- **Not tested:** stay home and quarantine for 10 days from date of exposure.

DAY 5 OR LATER: Test 2

Student gets tested 3 days after the first test and gives result to school.

- **Negative test and no symptoms:** quarantine period ends and student only needs to get tested again if they develop symptoms.
- **Negative test and symptoms:** get tested again and stay home and quarantine for 10 days from date of exposure.
- **Positive test and no symptoms:** stay home and isolate for 10 days from date of test.
- **Positive test and symptoms:** stay home and isolate for 10 days from when symptoms started AND symptoms improve AND fever-free for 24 hours without medication.
- **Not tested:** stay home and quarantine for 10 days from date of exposure.

DAY 7: Quarantine Ends if Tested Negative

Student can go back to after-school activities **on Day 8** if symptom-free and tests negative **on Day 5 or later**. If student had a late exposure notification, one negative test is acceptable if done on or after Day 5 of their last day of exposure.

DAY 11: Quarantine Ends if Not Tested & No Symptoms

If student never got tested and does not develop symptoms, they can go back to in-person school, after-school activities and childcare after staying home for 10 days.

DAY 14: Last Day to Watch for Symptoms

Student should watch for COVID-19 symptoms for a full 14 days after exposure. If symptoms develop, stay home from school, after-school activities and childcare and get tested.



For free COVID-19 testing, contact your school or healthcare provider. Students must get tested with PCR or antigen tests (at-home tests are not accepted).

